5 FACTS ABOUT MIGRAINES THAT YOU DIDN'T KNOW

1. Migraines in children

Migraines affect men, women, as well as children, and an estimated 10% of American children suffer from them.

2. High rate of headaches

According to the National Headache Foundation, 47% of adults in the United States experience some form of a headache each year.

3. Many different headaches

There are 150 different types of headaches, with the most common being tension-, migraine-, and cluster headaches.

4. Migraine prevalence in America

More than 36 million people experience migraine headaches in America, which is 12% of the entire population.

5. Migraines worldwide

According to the World Health Organization, one in seven people suffer from migraines worldwide.